Tips on Using Contact Lens Solution

- 1. Always wash your hands properly with soap and water and dry them before handling your contact lenses, contact lens solutions or related accessories (e.g. contact lens storage case).
- 2. Consult your eye care professional (ophthalmologists or registered optometrists) before choosing contact lens solutions. Different types of lenses may require different types of contact lens solutions and different disinfection procedures. Always follow the eye care professional's directions for cleaning, rinsing and disinfecting the contact lenses.
- 3. Read all the safety information and labeling instructions for proper use on the bottle and packaging, and follow them carefully when using the contact lens solution. If you have any queries, stop using the contact lens solution and consult your eye care professional.
- 4. Do not purchase or use any contact lens solution if the seal is broken or missing.
- 5. Always check and use before the expiry date.
- 6. Newly opened contact lens solution should be discarded after the specified period as recommended by the manufacturer.
- 7. Rub and rinse the contact lens with the contact lens solution before soaking the lens in the solution for at least the time specified.
- 8. Discard all of the left over contact lens solution in the lens case immediately after each use. Do not re-use any contact lens solution.

Contact

Lens

Solution

- 9. Always keep the bottle cap tightly closed when not in use.
- 10. Keep the contact lens solution at a clean, cool and dry place, out of reach by children.
- 11. Do not use the contact lens solution if you are allergic to it. Consult your eye care professional if your eyes feel discomfort, become red or your vision changes after using the contact lens solution.
- 12. Do not mix the solution with other fluids except as directed by your eye care professional.
- 13. Do not transfer contact lens solutions into smaller travel size containers to avoid contamination of the solution or misidentification of the solution.

Health Advice

- 1. Have periodic examinations by your eye care professional.
- 2. Remove the contact lens whenever you have eye discomfort or redness and seek medical advice promptly if symptoms persist.
- 3. Follow the manufacturer's instructions for use.

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